

Showing You Care

Helping Students Develop Empathy

Happy New Year Hynes families!

As part of our commitment to an **inclusive and positive school culture**, our Huskies have been spending time during their mornings Gathering Circles talking about our Getting Along Together strategies for resolving conflicts. Students are learning about using **“I” messages**, such as “I feel hurt when you take the block out of my hand” and “I like when you offer to help me.” They’re learning how to **Stop and Stay Cool** and find a **Win-Win Solution** when they’re having a conflict with another student. And they’re learning how to **Walk a Peace Path** with another student when they have a disagreement. We look for students to use these strategies through their day and applaud them when they do so!

A critical element of these conflict resolution strategies is being able to **Showing You Care**.

Our Getting Along Together Curriculum outlines **3 steps to Show You Care**:

1. How does the person feel? How do I know?
2. Have I ever had the same feeling or experience?
3. What can I do or say to help?

Understanding how others are feeling (**Empathy**) is important for social emotional growth and success. As part of our **invested and committed community**, we’d like help from all our families as we work with our Huskies on understanding how others are feeling. When you’re reading a book or watching a show on TV at home, use the above questions as conversation starters for talking about how characters are feeling and how other characters are reacting. Building social emotional skills such as **empathy** will help prepare our students for future success not only here at school but throughout their lives. #Husky4Life

If you have any questions about our Getting Along Together Curriculum or how it’s implemented here at Hynes-UNO, please don’t hesitate to ask your child’s teacher, a member of the administration, or reach out to me! Thank you for being an active and engaged member of our Hynes-UNO community!

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