

## NOTES FROM NURSE ASHLEY

Have you ever had an itchy or tickling feeling in your hair? If so, you may have LICE! These are tiny insects that are easily spread, especially by schoolchildren. To prevent an infestation of lice on your child, instruct your child to not share personal belongings such as hats, scarfs, brushes, or hair accessories with friends. If one does find nits or lice on their child, you can use specially formulated shampoo that kills the lice. Always take time to look at your child's hair and examine the scalp if they complain of itching and irritation to ensure that they do not have any unwanted creepy crawlers!

