## **Getting Along Together**

Our school follows the social-emotional development curriculum component of Success for All (SFA) called Getting Along Together. This program is designed to help our school be a strong community where all children have the skills to learn both independently and together. It will help children develop the social, emotional, and mental skills they need to learn on their own and in teams or groups. We are excited to tell you more about the program and about how you can be involved at home.

Why are we doing the program? In order to learn, children need to know how to work on their own, using skills like attention and memory. They also need to know how to work together, including how to be good team members, solve conflicts, and cope with challenges. Throughout the school year, Getting Along Together will use a variety of fun and creative activities that build these skills. These activities can be used in the classroom, during lunch and recess, and even at home.

What does the program look like? Getting Along Together is part of everyday life in our school. It teaches students some strategies that they can use at any time throughout the day, such as how to pay attention, how to express their feelings, and how to remain calm when they are upset or frustrated. These strategies are introduced and practiced during morning meetings, weekly class council meetings, and daily games. The program also includes weekly lessons on important topics such as listening, friendship, and coping with anger.

**How can you be involved at home?** The skills that students learn in Getting Along Together can help them throughout their lives, both in and out of school. You can help your child build these skills in many quick and easy ways. Each week, your child should share with you some of the activities he or she is doing in school. By hearing about these activities, you can show your child how important these skills are – and you can also show him or her how fun it is to learn together!

In addition, there are many fun ways that you can help your child, whether it's by talking about the weekly Getting Along Together lesson during breakfast or dinner or playing some of the Getting Along Together games at home.

Where can you get more information? Please contact your child's teacher at FirstName.LastName@hynesschool.com or visit their class websites. You may also reach out to our school's social worker, Mrs. Diane Freedman at diane.freedman@hynesschool.com.

Thank you for being a part of the Getting Along Together program and a partner in your child's learning!