



Did you enjoy eating French pancakes during Sneaux Day?



Every year in France on the 2nd of February, French people celebrate “La Chandeleur”.

From the old French word “Chandelle” (candle), it was believed that a lit candle on that day would bring you health for the rest of the year.

On the same day in order to bring your wealth, every French family will cook a whole meal (savory to sweet) of French pancakes “Les Crêpes”. They believed that using the last of the wheat on that day would ensure a great wheat harvest for the upcoming year.

In France many families still practice the tradition of flipping the 1st crêpe holding a dime in their left hand and the pan in their right hand.

If one manages to flip it properly, one will enjoy a year of financial prosperity.

If you would like to make some crêpes at home, use Les Amis-UNO approved crêpes recipe from the following website:
<https://www.seriousseats.com/recipes/topics/cuisine/french>

You may use any flour and/or milk to fit your dietary needs.

BONNE CHANDELEUR!